## LISTING OF THE CLAIMS:

This listing of the claims will replace all prior versions and listings of the claims in the application:

1. (currently amended) An exercise machine that simulates a rowing motion, comprising:

a frame;

a seat assembly attached to the frame;

a movement arm pivotally attached to the frame and movable along a generally longitudinal stroke path between a forward position and a rearward position;

a resistance-imparting unit operatively connected with the movement arm to provide resistance to the movement arm as it moves from the forward position to the rearward position;

a pair of handles to be grasped by an exerciser;

a pair of rigid extension members, each of which is attached to a respective handle such that each handle is free to rotate relative to its corresponding extension member about a longitudinal axis of the extension member;

wherein the extension members are attached to the movement arm such that each extension member is free to at least partially rotate relative to the movement arm about vertical, longitudinal and transverse axes; and

wherein the extension members are of sufficient length and the extension members are attached to the movement arm so that the handles can be separated by a distance of at least 24 inches when the movement arm is in the rearward position.

2. (original) The exercise machine defined in Claim 1, wherein the resistance-imparting unit comprises a weight stack.

3. (original) The exercise machine defined in Claim 1, wherein the extension members have a length between about 8 and 48 inches.

4. (original) The exercise machine defined in Claim 1, wherein each of the extension members is attached to the movement arm via a ball joint.

5. (original) The exercise machine defined in Claim 1, wherein each handle is attached to its respective extension member via a rotary bearing.

6. (original) The exercise machine defined in Claim 1, further comprising a unit that varies the resistance imparted to the exerciser by the resistance-imparting unit along the stroke path.

7. (original) The exercise machine defined in Claim 6, wherein the unit that varies resistance comprises a four-bar linkage that includes the movement arm.

8. (original) The exercise machine defined in Claim 7, wherein the four bar linkage includes a swing link pivotally interconnected to the frame.

9. (original) The exercise machine defined in Claim 8, wherein the resistance-imparting unit is a weight stack, and wherein the weight stack is interconnected with the movement arm via a belt, and wherein a pulley that engages the belt is attached to the swing link.

10. (currently amended) An exercise machine that simulates a rowing motion, comprising:

a frame;

a seat assembly attached to the frame;

a movement arm pivotally attached to the frame and movable along a generally longitudinal stroke path between a forward position and a rearward position;

a resistance-imparting unit operatively connected with the movement arm to provide resistance to the movement arm as it moves from the forward position to the rearward position;

a pair of handles to be grasped by an exerciser;

a pair of rigid extension members, each of which is attached to a respective handle such that each handle is free to rotate relative to its corresponding extension member about a longitudinal axis of the extension member;

wherein the extension members are attached to the movement arm such that each extension member is free to at least partially rotate relative to the movement arm about vertical, longitudinal and transverse axes; and

wherein a distance between the attachment of each extension member with the movement arm and the attachment of each extension member with its respective handle is between about 8 and 48 inches.

11. (original) The exercise machine defined in Claim 10, wherein each of the extension members is attached to the movement arm via a universal ball joint.

12. (original) The exercise machine defined in Claim 10, wherein each handle is attached to its respective extension member via a sleeve bearing.

13. (original) The exercise machine defined in Claim 10, further comprising a unit that varies the resistance imparted to the exerciser by the resistance-imparting unit along the stroke path.

14. (original) The exercise machine defined in Claim 13, wherein the unit that varies resistance comprises a four-bar linkage that includes the movement arm.

15. (original) The exercise machine defined in Claim 14, wherein the four bar linkage includes a swing link pivotally interconnected to the frame.

16. (original) The exercise machine defined in Claim 15, wherein the resistance-imparting unit is a weight stack, and wherein the weight stack is interconnected with the movement arm via a belt, and wherein a pulley that engages the belt is attached to the swing link.

17. (currently amended) An exercise machine that simulates a rowing motion, comprising:

a frame;

a seat assembly attached to the frame;

a movement arm pivotally attached to the frame and movable along a generally longitudinal stroke path between a forward position and a rearward position;

a resistance-imparting unit operatively connected with the movement arm to provide resistance to the movement arm as it moves from the forward position to the rearward position;

a pair of handles to be grasped by an exerciser;

a pair of rigid extension members, each of which is attached to a respective handle such that each handle is free to rotate relative to its corresponding extension member about a longitudinal axis of the extension member;

wherein the extension members are attached to the movement arm via a ball joint such that each extension member is free to at least partially rotate relative to the movement arm about vertical, longitudinal and transverse axes.

18. (previously presented) The exercise machine defined in Claim 17, wherein the resistance-imparting unit comprises a weight stack.

19. (previously presented) The exercise machine defined in Claim 17, wherein the extension members have a length between about 8 and 48 inches.

20. (previously presented) The exercise machine defined in Claim 17, wherein each handle is attached to its respective extension member via a rotary bearing.

21. (previously presented) The exercise machine defined in Claim 17, further comprising a unit that varies the resistance imparted to the exerciser by the resistance-imparting unit along the stroke path.

22. (previously presented) The exercise machine defined in Claim 21, wherein the unit that varies resistance comprises a four-bar linkage that includes the movement arm.

23. (previously presented) The exercise machine defined in Claim 22, wherein the four bar linkage includes a swing link pivotally interconnected to the frame.

24. (previously presented) The exercise machine defined in Claim 23, wherein the resistance-imparting unit is a weight stack, and wherein the weight stack is interconnected with the movement arm via a belt, and wherein a pulley that engages the belt is attached to the swing link.

25. (currently amended) An exercise machine that simulates a rowing motion, comprising:

a frame;

a seat assembly attached to the frame;

a movement arm pivotally attached to the frame and movable along a generally longitudinal stroke path between a forward position and a rearward position;

a resistance-imparting unit operatively connected with the movement arm to provide resistance to the movement arm as it moves from the forward position to the rearward position;

a pair of handles to be grasped by an exerciser;

a pair of rigid extension members, each of which is attached to a respective handle such that each handle is free to rotate relative to its corresponding extension member about a longitudinal axis of the extension member that is generally parallel with the stroke path;

wherein the extension members are attached to the movement arm such that each extension member is free to at least partially rotate relative to the movement arm about vertical, longitudinal and transverse axes.

26. (previously presented) The exercise machine defined in Claim 25, wherein the resistance-imparting unit comprises a weight stack.

27. (previously presented) The exercise machine defined in Claim 25, wherein the extension members have a length between about 8 and 48 inches.

28. (previously presented) The exercise machine defined in Claim 25, wherein each handle is attached to its respective extension member via a rotary bearing.

29. (previously presented) The exercise machine defined in Claim 25, further comprising a unit that varies the resistance imparted to the exerciser by the resistance-imparting unit along the stroke path.

30. (previously presented) The exercise machine defined in Claim 29, wherein the unit that varies resistance comprises a four-bar linkage that includes the movement arm.

31. (previously presented) The exercise machine defined in Claim 30, wherein the four bar linkage includes a swing link pivotally interconnected to the frame.

32. (previously presented) The exercise machine defined in Claim 31, wherein the resistance-imparting unit is a weight stack, and wherein the weight stack is interconnected with the movement arm via a belt, and wherein a pulley that engages the belt is attached to the swing link.